



聖保羅男女中學校友會
ST. PAULS
CO-EDUCATIONAL COLLEGE
ALUMNI ASSOCIATION



信愛展望

二零一六年十一月 • NOV 2016



Sports Development at SPCC and SPCCPS

籃球場上的友共情



五年人事幾番新——聖保羅男女中學
校友合唱團三十五周年音樂會

SPCC Young Alumni's Summer Gathering



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Articles, letters and news on alumni activities are most welcome. For digital photos and pictures, please ensure they are of 1 MB or above and in JPEG format (300 dpi) respectively. Please direct all correspondences to:

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CHAIRMAN'S MESSAGE



Dear Fellow Alumni,

The summer of 2016 was a fanfare. The Centenary Celebration has come to a high note with the grand finale musical “Centenary Spectacular”. Congratulations to a very successful performance that touched the hearts of all the audience and performers.

For the not-so-young alumni, you may be surprised to learn that in 2016, SPCC has been crowned Overall Champion of the BOCHK Bauhinia Bowl Award (Co-educational Schools Section) for the second consecutive year. In fierce competitions with 190 schools, our young and strenuous athletes have altogether earned an outstanding score of 215 points over the year, ahead of the next school by 24 points. Besides giving them a big round of applause, the Alumni Association would also like to expand our sports programme in the coming year.

Fellow alumni have always enjoyed our Golf Days and Tennis Evenings. In recent years we have become regular participants of the Rosaryhill School Old Students' Association (RHSOSA) Invitational Badminton and Basketball Tournaments. On the other hand, within our own community the alumni basketball league has been in the running for two seasons already. These tournaments have indeed drawn many of the sports fans together.

Looking forward, we would like to offer more sports endeavours for our alumni. We will organise the dragon boat team, the badminton league and the soccer league. Stay tuned for our announcements and we do look forward to your participation.

Since the launch of our “Go Green” campaign, over a thousand members have already signed up and downloaded our e-newsletters, browsing the alumni magazines in all kinds of digital devices. Alumni from a wide range of age groups have “liked” our new electronic editions. May I take this opportunity to express my heartfelt gratitude for all your support to this green initiative.

Andrew Luk (1978)
Chairman
SPCC Alumni Association



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(*denotes chairperson / co-chairperson)

5.11

SPCC ALUMNI CHOIR ANNUAL CONCERT
“SIMPLY MOZART”

Date: Saturday, 5 November 2016

Time: 7:30 pm

Venue: Hong Kong Jockey Club Amphitheatre, The Hong Kong Academy for Performing Arts, Wan Chai, Hong Kong

2016/2017 WALKATHON

Date: Sunday, 6 November 2016

Venue: The Peak, Hong Kong

6.11

15.12

CAROL SERVICE

Date: Thursday, 15 December 2016

Time: 7:00 pm Tea Party at Li Hall, 7:30 pm Service

Venue: St John's Cathedral, 4-8 Garden Road, Hong Kong

ALUMNI HOMECOMING DAY

Date: Saturday, 17 December 2016

Venue: St. Paul's Co-educational College, 33 MacDonnell Road, Hong Kong

17.12

7.1

TABLE TENNIS TOURNAMENT

Date: Saturday, 7 January 2017

Venue: St. Paul's Co-educational College, 33 MacDonnell Road, Hong Kong

BADMINTON TOURNAMENT

Date: Saturday, 10 June 2017

Venue: St. Paul's Co-educational College, 33 MacDonnell Road, Hong Kong

10.6

Please visit our website www.spccaa.org for more details.



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1. Special thanks to Dr Chan, Ms Chan, Mr Ma, Ms Lo and Ms Sze for the interview.
2. Special thanks to Ms Leung, Mr Heung and Ms Lee for the interview.
3. Mr Heung and Ms Lee of the primary school showed us the primary school sports facilities.

Sports Development at SPCC and SPCCPS

Renee So (1989), Winnie Leung (2002)

Our alma mater has always been known for its academic excellence and outstanding music tradition, so it is not difficult to understand the pleasant surprise and delight of many alumni when we learnt that SPCC has been crowned “Overall Champion” for the second consecutive year of the Bank of China Hong Kong (BOCHK) Bauhinia Bowl Award – Co-educational Schools Section (2014/15 and 2015/16)! This is the highest achievement in sports among 191 co-educational schools. In this year’s fierce competitions, the young and strenuous athletes of SPCC have altogether earned an outstanding score of 215 points over the course of this academic year, ahead of the next school by 24 points.

Such an achievement is a strong testimony to the great investments and progress the schools have made in the area of sports in recent years. The editors of the Alumni Newsletter are honoured to be given the opportunities to interview Dr Anissa Chan, Principal of SPCC; Ms Lucilla Leung Lai Mei, Headmistress of SPCCPS; and the PE teachers of respective schools and learn about the collaboration and complementary efforts of SPCC and SPCCPS in enhancing our schools’ sports programmes. Below is the combined summary of the two interviews on the focus and resources available to current students in the programmes which, in addition to providing well-rounded athletic training, aim to cultivate exemplary conduct and persistence, and to develop positive attitudes and sportsmanship.



4



5



6

4. Rooftop track at the primary school.
5. One of the signs we saw during the primary school tour.
6. The BOCHK Bauhinia Bowl Award.

Our sincere thanks and appreciation to the Principal, Headmistress and PE teachers for sharing their latest views on athletic activities in the interviews and most importantly, for their dedication and effort in leading the successful sports programmes at SPCC and SPCCPS.

Editors: Renee So and Winnie Leung

SPCC: Dr Anissa Chan, Ms Peggy Chan, Mr Ma Shun On, Ms Lo Kam Lan and Ms Sze Mei Fong

SPCCPS: Ms Lucilla Leung Lai Mei, Mr Heung Chi Man and Miss Lee Pui Ting

Editors: Our heartiest congratulations to all SPCC athletes on winning the Overall Champion of the BOCHK Bauhinia Bowl Award for the second consecutive year! As alumni we are very proud of the young athletes’ outstanding sports achievements though we must admit we were a little surprised at first given most of us shared the impression that sports have never been our alma mater’s strength. Can you please share how the schools’ sports programmes have evolved over the years?

SPCC & SPCCPS: The Championship of BOCHK Bauhinia Bowl Award is the highest sports achievement among co-educational schools in Hong Kong. We are thrilled with the exceptional performances of our young athletes which are made possible by their consistent hard work at training, as well as the dedication and support of their coaches and teachers.

Over the past ten years, the overall sports awareness and participation has become an integral part of SPCC students’ school life. Our intention is to elevate the overall physical strength of our students, as well as their mental and psychological fitness. Sports is no longer stereotyped as the outlet for mediocre students to differentiate themselves and gain satisfaction, instead it has become a platform for students to develop physical tenacity and psychological well-being which are all important factors for all-round development.

The focus on our students’ sports development begins at an early age in primary school with focus on table tennis, swimming, badminton, girls’ basketball and boys’ football.



7. Students practising in the brand new dance room.
8. Volleyball practice at the secondary school.

The PE curriculum in Lower Primary (Primary One to Three) focuses on fundamental training to facilitate students' development in general physical balance and muscle coordination, and gradually expands to introduce a wide spectrum of sports such as racket sports, dancing and fencing to Upper Primary students (Primary Four to Six). Students are given the opportunity to try different sports through extra-curricular classes arranged by the school.

At the competitive sports level, we have recruited many professional and high calibre coaches to oversee our students' sports development and training. Many of these coaches are also responsible for the training of both the primary and secondary sports teams and students are trained under a systematic and consistent approach from primary school onwards. The coordinated efforts between the schools help to cultivate sports talents to represent our school in the long term.

Editors: Having the privilege to tour the sports facilities at both SPCC and SPCCPS, we must confess that we are very impressed with the training venues and equipment available to current students. Can you share with us what are some of the key developments regarding training facilities?

SPCC & SPCCPS: We are very grateful to the school council which has been very supportive in providing the school with more resources for sports development.

In the establishment and renovation of both SPCC and SPCCPS campuses, deliberate considerations have been factored into the building plans to support a vast range of sports programmes. At SPCC, the infamous triangular football playground has been replaced by the indoor games hall which can host basketball, badminton, table tennis, volleyball and cheerleading practices. The rooftop basketball



court has been newly renovated and there is also a dancing studio, and a recently built state-of-the-art fitness room next to the indoor swimming pool at Calder Path Annex. At SPCCPS, sporting facilities include a multi-purpose hall, dance studios, a 25-metre indoor swimming pool, an outdoor basketball court and a multi-purpose playground with a 60-metre running track. There are also rooms dedicated for fencing and table tennis practices.

To ensure that our sports teams have access to the best training grounds for their practices, we have also arranged regular training sessions at both public sports centres like the Hong Kong Park for squash, badminton and table tennis practices, and private sports clubs such as the Hong Kong Golf Club and the Hong Kong Football Club for track and football trainings.



9. A student playing basketball at the secondary school basketball court.
10. Female basketball game at the secondary school.
11. Fencing practice at the secondary school.

In addition to sporting facilities, additional resources are also allocated to hire professional coaches to train all sports teams, and to provide team uniforms and transportation during competition seasons.

Editors: We recall there were very few sports teams during our time at SPCCPS and SPCC, and they were mainly in the areas of basketball, soccer and swimming. With the current emphasis and increased resources in this area, have we seen an expansion in our school sports teams and how are they doing? At the secondary school level, some schools offer scholarships to attract specially gifted scholars, musicians or athletes. Do we offer similar programmes?

Ms Leung (SPCCPS): The development of SPCCPS sports programme has been remarkable in the last decade. We started with sports teams in two areas: swimming and table tennis, and now we have teams competing in eight different sports. The number of students participating in a sports team has increased from 80 to 300 out of our 800 student body. Our students' talent in sports was recognised in their outstanding competition results with the girls' team winning the Gold Award and the boys' team winning the Silver



Award in the 2014-2015 All Hong Kong Primary School Sports Awards.

Dr Chan (SPCC): Currently, we have sports teams competing in nine different sports of which five categories are competing at Division 1 (D1) level, the highest for interschool competition. Our goal is to elevate all our focused sports teams to D1 and to continue to enhance the overall quality of our talent pool. To attract athletic talents to SPCC, we have introduced a Young Talent Scholarship programme which provides preferred admission for Form One students with outstanding sports performance at the national or regional junior level. Each year we receive in excess of 50 applications for a handful of placements. While the admission requirements are less stringent in recognition of these applicants' time allocation to sports training, academic excellence is still a factor to ensure they will excel at SPCC. On an ongoing basis, we also pay close attention to the students' grades and will provide additional care and support as required.



12. Students having fun at a primary school extra-curricular activity – skipping.
13. Primary school swimming pool.

SPCC Sports Teams	
Team	Division
Basketball	D1 Boys, D2
Badminton	D1 Boys, D1 Girls
Cross Country	D3 Area 2, D1 Girls
Dance	Open Category
Football	D2 Boys
Fencing	Open Grade
Table Tennis	D1 Boys, D1 Girls
Swimming	D1 Boys, D1 Girls
Volleyball	D2 Girls

Editors: Why have sports become an increasingly important part of our schools’ focus?

Dr Chan (SPCC): As part of a well-rounded development approach, we encourage each student to play one musical instrument and engage in one sports activity. We firmly believe that attributes of outstanding sportsmen such as determination, perseverance, hard work, psychological and emotional fitness, ability and willingness to focus on tasks at hand are all transferrable skills that would be beneficial to studies, music, and even later on in life.

Through sports, our students are trained not only on physical fitness, skills, competition experience and readiness, but also on team spirit, sportsmanship, emotional fitness,



psychological well-being, time management among studies, sports and other priorities from an early age.

Here are some examples:

- Intensive training is provided to students before competition to prepare them both physically and mentally. Coaches give each student immediate feedback and emotional counselling after each race.
- Overseas training camps (Basketball Team to Taiwan, Table Tennis Team to Guangzhou) provide bonding experience with teammates while enhancing their sports skills.
- Apart from interschool sports competition, we arrange friendly competitions with other schools to allow our students to gain competition experience and opportunity to face failure. Our students are always reminded to show good sportsmanship and give sincere applause to their opponents regardless of results.



14. Rugby training at the primary school.
15. Fencing training at the primary school.



Ms Leung (SPCCPS): Sports fit perfectly with our nine students’ attributes, including balanced, caring, courageous, passionate learners, and principled. It is an integral part of our student development programme, and I can share with you some of my observations on how students benefit from sports:

- Care and Service – elder students teach and coach younger students in sports teams on a daily basis
- Service and teamwork – during a swimming team training, I saw students tidying up the slippers next to the pool for the team
- Great sportsmanship – during a table tennis competition, at a game point, our student raised to the judge that his competitor was disturbed by noise from the audience and demanded to play the point over again

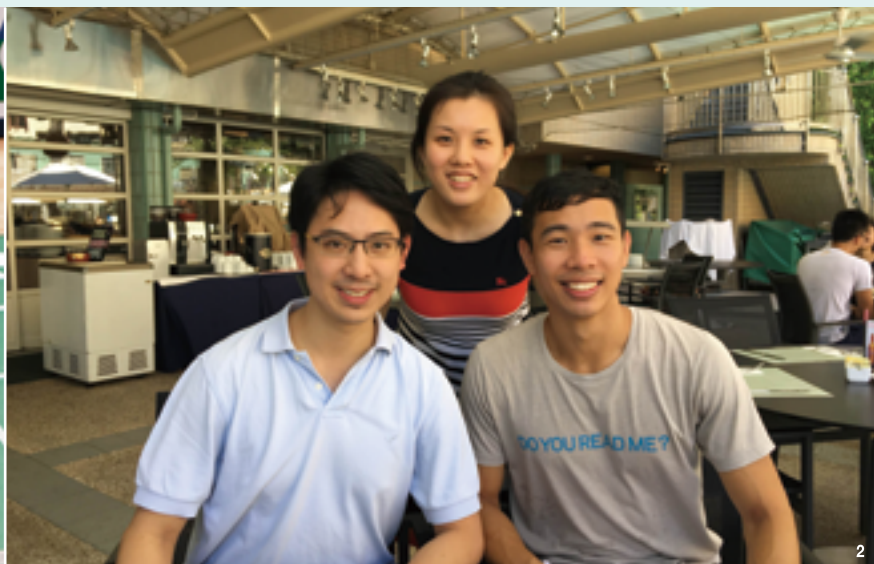
Editors: Students are so busy nowadays. How do they strike a balance among different activities? How can parents support their children in their sports development?

Ms Leung (SPCCPS): Students are encouraged to choose a sport they like. We believe parents should encourage their children to take part and may contribute to the decision-making process, but they should not give their children pressure. Parents also play an important role to coach their children to not solely focus on winning awards. Through sports and competitions, students can build confidence and learn how to deal with challenges and failure. We ask them to pray and find peace before matches. The prayer is to give them confidence and faith, whether they win the match or not; when they have tried their best, they are all winners! We tell students they should strive to improve their own standard, and not to compare with others. By coaching them, we hope students can achieve a balance among academic studies, music and sports. Sports also help to train our students to become self-motivated! Students do have busy schedule nowadays but I always urge them to have sufficient rest, which I believe is the most important among all things!

Special thanks to our photographer: Jennifer Ma (1991)



1. 羽毛球女將馮瑩在球場上的英姿。



2. 筆者(中)與壁球手俞學欣(左)和趙崇禧(右)合照。

校友專訪——香港壁球及羽毛球青年軍

何思鎔 (2001)

聖保羅男女中學學生一向給大家的印象是品學兼優、音樂才華橫溢，兼且是文質彬彬的書生；但殊不知多年來，母校也培育了不少運動健將，運動成績毫不遜色，有很多健兒還衝出香港，代表香港出戰世界各地的體育賽事，獲獎無數。

今天筆者有幸與三位曾是香港壁球及羽毛球青年軍的校友詳談，分享他們的心路歷程。

壁球師兄弟——俞學欣 (2001)、趙崇禧 (2003)

壁球狀元 文武雙全

運動學業樣樣皆精的俞學欣 (2001)，會考考獲八優佳績，其後負笈美國頂尖學府普林斯頓大學，現從事私募基金投資。他八歲開始接觸壁球，並參加會所的興趣班，十一歲時獲教練賞識，推薦給香港壁球總會，即被選拔為地區精英隊，未幾更成為香港青少年壁球代表隊的隊員，十三歲第一次代表香港，遠赴馬來西亞參加亞洲青少年壁球賽，並獲得四強的佳績。除了在香港的青少年壁球比賽名列前茅外，俞學欣更多次獲得海外賽事獎牌，包括1999年日本青少年壁球公開賽冠軍（十六歲以下組別）、2000年日本青少年壁球公開賽亞軍（十九歲以下組別）等。

運動世家 冠軍兄妹

另一位港隊壁球健將趙崇禧 (2003)，於母校畢業後，先在理工大學取得市場系學士學位，最近剛於中文大學取得護理系碩士銜，準備投身護理行列，服務社會。趙崇禧母親是體育老師，



3-4. 2003年代表香港出戰巴基斯坦時的隊照。



5. 2002年代表香港出戰印度，俞學欣(左一)與隊友及巴基斯坦球手合照。

6. 俞學欣(左二)高中時在校內水運會與校長潘鎮球合照。

自幼受母親薰陶，熱愛運動，小學時已精於各種運動，特別是運用球拍的運動，如乒乓球、羽毛球及壁球等，其後專注壁球比賽，並獲選加入香港青少年壁球代表隊。他第一次代表香港出戰英國青少年壁球公開賽時年僅十二歲。趙崇禧的妹妹亦是壁球好手，兄妹二人均曾奪香港青少年壁球比賽冠軍，戰績輝煌。

訓練密集 兼顧學業

俞學欣及趙崇禧自小已加盟港隊，需要面對嚴格的運動員集訓，他們一周四天放學後訓練兩小時，周末及學校假期更要進行半日或全日的訓練。密集式的訓練雖然刻苦，但兩人均樂在其中，意志堅定，為了在比賽中爭取佳績而堅持苦練。

不少人都認為運動可能會影響學業。俞學欣說：「考試前的確要加緊溫習，更要用力一些！」趙崇禧亦補充：「慶幸國際性比賽大多是在學校假期進行，我們都會選擇與考試時間無衝突的比賽來參加。」兩人的學業成績有目共睹，作為青少年運動員，只要能好好分配時間，便能兼顧學業，相得益彰。

衝出香港 拓闊視野

回想中學時期的運動生涯，兩人最難忘的，莫過於過五關斬六將後，成功獲選為香港代表，到海外參加比賽。歷年來，兩人每年均會代表香港到外國參加三至四次比賽或集訓，年紀輕輕已走遍半個地球，包括英國、日本、紐西蘭、馬來西亞、印度及巴基斯坦等國家，與世界各地的頂尖青年選手切磋與交流，競技之餘亦有慶功宴等聯誼活動，促進友誼及文化交流，實在是難忘及寶貴的經歷。「很多我們以前交過手的運動員，今天已是世界冠軍！」說罷，兩人便熱烈地討論他們當年認識的選手現在的世界排名及近況。



羽毛球女將——馮瑩 (2001)

天道酬勤 巾幗不讓鬚眉

受訪的另一位校友馮瑩 (2001) 是一名羽毛球女將，在母校完成會考及預科畢業後，順利入讀第一志願中文大學傳理系，現任職於民航處。

馮瑩於九歲時參加羽毛球總會舉辦的暑期訓練班，完成訓練班後即獲羽毛球總會選入分區青年軍，從此與羽毛球結下不解之緣。中學時期，馮瑩已是港隊青年軍猛將，於中四至中五期間，更「打遍香港無敵手」，在香港的青少年比賽以至公開組比



7. 馮瑩代表香港出發參加2007年於泰國舉行的第二十六屆世界大學生運動會，與隊友於香港機場合照。
8. 馮瑩於第二十六屆世界大學生運動會首場比賽報捷。
9. 馮瑩於2006年取得中文大學傳理系學士學位，畢業後即成為全職運動員。
10. 世界大學生運動會是繼奧運後最大型的國際體壇盛事，每兩年舉行一次。馮瑩最終晉身世界大學生運動會羽毛球比賽十六強。

賽贏盡金牌，包括全港羽毛球錦標賽中級女單及女雙冠軍，獨領風騷。她其後亦多次代表香港到日本、泰國、馬來西亞及南非等地出戰亞洲及世界青少年羽毛球錦標賽。雖然有如此輝煌的成績，馮瑩多次謙稱自己天資不足，得到好成績全靠努力不懈與堅持，她憶述：「如教練規定做三組訓練，我會完成五組才肯罷休。」訓練初期並非一帆風順，更曾一度被教練放棄。「當時教練命令我不需再參與培訓，並安慰我說或許三個月後可歸隊。怎料我三個月後真的回去隊伍報到，教練看到我的認真及堅持便讓我繼續訓練了。」

競爭激烈 力臻完美

馮瑩整個中學生涯，都在一周五次的密集訓練中度過，而她天生不服輸的性格，令她在學業上也力臻完美，每天下課後及等待訓練期間，她都是手不釋卷，努力溫習，更得到當年同儕好友在學業上熱心幫助，因此在會考及預科等公開試都得到好成績。惟香港羽毛球青年軍競爭激烈，同隊有多名隊友在中五以前已停學接受全職訓練，就讀名校並能兼顧學業的馮瑩，反而被球隊方面標籤她只是玩票性質，縱使馮瑩在羽毛球場上所向披靡，球隊的資源及機會只側重予全職的隊友，但這不單沒令馮瑩洩氣，反而令她萌生轉打全職的念頭。「每一次公開試放榜

前，我都心想如成績不好，我就會轉打全職。」然而結果都「事與願違」，順利繼續升學。「當年全職運動員所得的資助，以及退役後的支援都跟現今有天淵之別，所以我希望能兼顧學業，令父母安心。」大學畢業後，馮瑩才毅然當上全職羽毛球員三年，一償當年心願。

感謝父母栽培信任

對有意培育子女成為出類拔萃運動員的家長，三位運動健兒有以下的分享：「我認為父母應先讓子女作多方面嘗試，並細心觀察子女在相關運動項目的潛質及興趣，當鎖定了專項運動並接受訓練時，便需鼓勵子女要堅持，不能輕易放棄。」俞學欣道。而趙崇禧及馮瑩亦認為家長的信任與支持，是他們的原動力。趙崇禧說：「曾有一段時間，父親因為我比賽成績不好而有所責難。當時感到壓力很大，發揮不到自己應有水準。」馮瑩亦感謝母親對她的百分百信任：「會考六個月前，因我要請假離港比賽，老師和同學們都為我擔心，很感激母親仍支持我去比賽，因為她堅信我不會因運動而忽略學業。」父母的支持的確是首要，在今天競爭激烈的社會，能真正給予子女自由度又不施加過多壓力的家長，實在是殊不簡單、難得一見的模範家長呢！

*舊照由俞學欣及馮瑩提供

Congratulations

Congratulations to the awardees of the 2016 HKSAR Honours List

Grand Bauhinia Medal (GBM) 大紫荊勳章



Dr Cheng Mo Chi, Moses, GBS, JP
鄭慕智博士 (1967)

Dr Cheng is awarded the GBM in recognition of his long and distinguished public and community service, particularly his remarkable contributions during his tenure as the Chairman of the Education Commission and the Committee on Free Kindergarten Education. With his rich experience in education development in Hong Kong, Dr Cheng demonstrated brilliant leadership and commitment in steering members of the two committees to bringing forth major education initiatives, and making practicable recommendations on the provision of good quality and more affordable kindergarten education.

Bronze Bauhinia Star (BBS) 銅紫荊星章



Dr Chan Kin Keung, Eugene, JP
陳建強醫生 (1981)

Dr Chan is awarded the BBS for his public and community service, particularly his contributions to youth development and the promotion of the Basic Law.



Ms Fung Yin Suen, Ada, JP
馮宜萱女士 (1974)

Ms Fung is awarded the BBS for her dedicated service to the Government for 32 years. She is currently a Senior Assistant Director of Housing.

Justices of the Peace

Dr Cheng Chi Kong
鄭志剛博士 (1997)



Mr Fok Kai Kong, Kenneth
霍啟剛先生 (1996)



Mr Lu Hing Yiu, Bryant
呂慶耀先生 (1991)





1. 「67am」隊照。

籃球場上的友共情

薛靜雯（2001）

和聖保羅的男生談籃球，相信不少校友都會想起天台籃球場。記得中學時代，每逢第二學期中段，大家都會熱烈討論一年一度的班際籃球賽，一眾籃球愛好者趁此機會大顯身手。而每年年終考試後的遊戲日，亦必定會舉行師生籃球賽，老師和高中生互相切磋，場面好不熱鬧。（「八十後」的校友一定會記得身材魁梧的生物科老師和音樂科老師，還有身手非常敏捷的體育科老師，他們每次均成為觀眾的焦點！）而籃球場除了是師生互相切磋的「競技場」之外，亦是聖保羅多年來男生們建立兄弟情的地方。

這份對籃球的熱情，在一群熱心校友的努力經營下得以延續。由最初只舉辦不定期友誼賽，逐漸演變成現在的聯賽模式，並越來越具規模。兩年前在吳加安（1984）的穿針引線下，他們正式和母校及校友會合作，開始舉辦一年一度的大型校友隊際比賽。

6月21日是本年度的籃球總決賽。今年一共有二百零五人分十六隊參賽，一共花了大半年時間舉辦八十場賽事。初賽部分在港島中西區的公共室內運動場舉行，決賽則移師到母校李莊月明樓的體育館，進行大家最引頸以待的三場冠、亞、季軍戰。

今年大會特別多舉辦一場學生邀請賽，由校友代表和即將畢業的中六生校隊代表對戰，藉此機會讓校友和中六生增進交流，鼓勵他們畢業後加入校友會的大家庭。筆者代表《信愛展望》到場觀看這場賽事和進行訪問。正午時份，母校外面下着滂沱大雨，場館內的氣氛卻十分熾熱：一眾校友早上已進行了一連串熱身賽（這環節亦歡迎任何未有參賽但希望一展身手的校友回來「跟隊」玩一下），一群群「大男孩們」大汗淋漓，似乎玩得十分痛快！打頭炮的學生邀請賽場面緊張刺激，筆者和其他校友的妻兒們一齊站在場邊打氣，還兩次險被籃球擊中！感覺就像回到高中時代的天台籃球場一樣。最後有主場之利的學生隊以51:49險勝。

最資深的隊伍——「67am」

我們邀請到「大師兄」吳加安（1984）接受訪問，他是這項校友籃球賽的幕後功臣，亦是十六隊參賽隊伍中最老資歷的一隊「67am」的核心成員。吳加安憶述他們的歷史：最初由一位1981班的大師兄帶領數位1984班的學弟在校內切磋球技，畢業後他們一直保持聯絡，後來陸續有1988至1995班的校友加入，隊伍逐漸成型。起初他們逢星期日早上聚會，後來一眾兄弟們陸續成家立室，「家庭日」難以抽空出席，遂於2000年起改為逢星期六早上七時至九時「練波」，「67am」的名字亦是由此而來。



2. 「67am」每次比賽後都會在分牌前合照留念。成熟男士們都有俏皮一面呢！



3. 「67am」成員盛裝出席母校一百周年慶祝晚宴。

這隊球隊成立了近三十年仍然屹立不倒，箇中有甚麼秘訣？吳加安笑言大家一定要對隊友的離開和新成員的加入持開放包容的態度。有時一些隊友會因公事或身體狀況欠佳而需要暫時退出，期間他們會廣邀新血加盟，新舊交替以保持整體球隊的活力。他們亦十分歡迎隊友攜同家人參與，當中有些成員更是從小在場邊替父親打氣至現在成為「父子兵」！此外，隊員間的溝通和聯誼亦非常重要。80、90年代他們主要靠逐一打電話通訊，現在有智能電話（例如WhatsApp等應用程式）實在是方便多了，間接協助了他們把球賽辦得更具規模。各位讀者有時還可以在其他校友會的聯誼活動中找到他們的蹤影！

最年輕的隊伍——「Dasquad」（2015班畢業生）

邀請賽中其中一位耀眼的新人，是去年剛畢業的王志仁（2015）。他是前校隊的核心成員，聯同另外三位留港升學的隊友以及數位志同道合的同學組成了校友會中最年輕的隊伍——「Dasquad」。他們和一眾剛上大學的「新鮮人」一樣，

有些搬進了大學宿舍（筆者和志仁更屬同門舍友！），有些當上大學學會幹事，當中不少更要為大學球隊效力，日程總是排得密密麻麻，多姿多采。儘管忙碌，部分成員仍心繫母校校隊的發展，平均每兩星期回校一次陪校隊的師弟集訓。志仁也苦笑說，同伴們各有各忙，相約見面實在比以前困難得多，但是大家亦因此更加珍惜相聚「練波」的機會，有時他們還要帶同大學的功課到球場上一齊討論！他們的父母也早在當年參與校隊活動時混熟，現在仍不時相約飲茶聯絡呢！

我們常說聖保羅人重「情」、重「緣分」，這次訪問令筆者感受至深。由初出茅廬的小伙子，以至事業有成、已成家立室的「大師兄」，都是透過球場上的汗水，聯繫着師兄弟間不可言喻的情義。踏出校門的時候，雨停了，我不禁想起一首耳熟能詳的流行曲：「下雨天總掛念從前，球場上那可愛片段……」

籃球場上的友共情，不變。



4. DASQUAD部分成員：（左起）Jonathan Ho、Arrow Lee、Brian Siu、Ryan Wong、Perseus So、Jack Tam及Oscar Yiu。
5. 筆者與「67am」的核心成員吳加安（1984）和最近組成的新隊伍Dasquad的代表王志仁（2015）合照。





CONGRATULATIONS TO OUR FORM 6 GRADUATES FOR THEIR OUTSTANDING RESULTS

HKDSE Examination 2016

We are pleased to announce the results of our DSE graduates this year. We have one perfect scorer who got level 5** in all seven subjects. Four other students got level 5** in six subjects. A total of 20 students got level 5** in four or more subjects.

63% of our students got level 5 or above in five or more of their subjects. 95.5% of our students were qualified for JUPAS degree course.

Students getting level 5** in four or more subjects:

No. of Subjects				Name
Level 5**	Level 5*	Level 5	5** in Maths Extended Parts	
7				史泳桐 Se Wing Tung Natalie
6	1		1	何詠彤 Ho Wing Tung Venice
6	1		1	梁珈瑋 Leung Ka Wai
6	1			葉晉維 Yip Chun Wai
6		1	1	陳思琳 Chen Sze Lam
5	2			鄭嘉盈 Zheng Jia Ying Jenny
5	2			蔡擇恩 Choi Chak Yan
5	2			馮梓瑩 Fung Chi Ying Natalie
5	2			費朗倫 Fee Lon Lun Jason
5	1	1	1	巫卓禧 Mo Cheuk Hei Daniel
5	1	1	1	殷子軒 Yan Tsz Hin Benedict
5	1	1		黃凱琳 Wong Hoi Lam
4	3		1	方柏叢 Fong Pak Yui
4	3			吳萬維 Wu Wan Wei
4	2	1	1	翟維信 Chak Wai Shun
4	2	1	1	薛煦祺 Sit Hui Kei
4	2	1		陳沛嶠 Chan Pui Kiu
4	2			陳邵楷 Chan Shiu Kai
4	1	2		劉詠樑 Lau Wing Leung Gavin
4	1		1	卓思凱 Cheuk Sze Hoi

Summary of the results

- No. of students: 154
- No. of level 5**: 191; 1.24 level 5** per student
- No. of level 5 or above (5**, 5*, 5): 743; 4.82 level 5 or above per student
- No. of level 4 or above: 962; 6.25 level 4 or above per student
- 91.6% of our students get level 5 or above in English Language
- 47.4% of our students get level 5 or above in Chinese Language
- 78.4% of our students get level 5 or above in Mathematics
- 61.7% of our students get level 5 or above in Liberal Studies

Other students getting excellent results include (in alphabetical order):

陳俊軒 Chan Chun Hin Alex	鍾潔琳 Chung Kit Lam	劉希陶 Lau Jessica Hay Tao
張家瑋 Cheung Calvin Ka Wai	焦璧琳 Jiao Bi Lin	梅梓紘 Mui Tsz Yin Charlotte
張思樂 Cheung Sze Lok	劉嘉曦 Lau Gar Hay Felix Sean	潘君諾 Poon Kwan Nok Benjamin

IB Examination 2016

All 34 of our IB graduates have either received unconditional offers from leading universities or met the requirements of the conditional offers of their first choice.

University Offers

Our IBDP students have received offers from prestigious local and overseas universities, including Cambridge, Oxford, Imperial College, UCL and LSE in the UK; UCLA, UMich and Johns Hopkins in the US.

IB Results

1. The average score of our 2016 cohort of IB students was 40.8 (out of a full score of 45).
2. 19 (55.9%) of our 34 students got a score of 42 or above, compared to the world's 3.3%.
3. Eight students got a score of 44: Chan Hei Yu Audrey, Chan Lok Yan, Cheung Hiu Ching, Hui Sheena Xin Na, Lee Vanessa Wing Kai, Lo Hay Yuen Michael, Wong Wai Pan and Wu Crystal Ji Ying.
4. Four got a score of 43: Ho Shu Wai, Lam Alexander, Lam Ting Hei Jeffrey and Tang Pui Man.

Score	SPCC 2016	Worldwide*(May 2015)
44	23.5%	0.9%
40 or above	82.4%	7.4%
Average Score	40.8	30.2



* Source: IBO, IBDP Statistical Bulletin (May 2015), www.ibo.org/contentassets/bc850970f4e54b87828f83c7976a4db6/dp-2015-may-stats-bulletin.pdf



BAUHNIA BOWL CHAMPION

We have been crowned Overall Champion again in two consecutive years for the BOCHK Bauhinia Bowl Award – Co-educational Schools Section. In fierce competitions with 190 schools, our young and strenuous athletes altogether earned an outstanding score of 215 points over the year, ahead of the First Runner-up school by 24 points. Three cheers to all our students, coaches, teachers and parents!



SPORTS AT SPCC – BADMINTON TOURNAMENT

The Badminton Tournament was held in June 2016 at the Indoor Games Hall of SPCC. The results were as follows:

Men's Champion	SFL 2
Men's Runner-up	Courtyard Badminton Team





SPCC MENTOR PROGRAMME INTERVIEW SKILLS WORKSHOP

Ivan Hung (1989)

The interview skills workshop was successfully held on 5 March 2016. As always, it was one of the most popular Mentor Programme events, attended by more than 120 mentees and supervised by 20 mentors from various professions. Before the kick-off, all the participants were invited to complete the self-awareness questionnaire designed by Jennifer Ma (1991), which helped the mentees to have a better insight about themselves and their interests.

As the coordinator of the event, I had the privilege of setting the scene, introducing the objectives of the workshop and briefing the mentees on the differences between JUPAS and non-JUPAS interviews from the local universities' perspective. This session was closely followed by the sharing by Ronald Kwok (1992) and Ferdinand Cheuk (1991), outlining the important techniques to prepare for both university and job interviews.

The highlight of the event was the interview practice session hosted by Jennifer. After a brief lecture on interview skills and standard questions by Jennifer, the mentees were put on the spot to introduce themselves within various time limits. We were most impressed by our mentees who managed to live up to the challenge. After passing the test, the mentees were divided into small groups according to their interest for the practice group interview, supervised by the volunteer mentors. Each mentee would have the opportunity of practising group interview and answering questions posted by the mentors.



In return, they received feedback from their supervisor on ways to improve their interview skills. The event ended with our newly graduated young SPCC alumni sharing their most updated interview experience at different local and overseas universities, and I am certain that our mentees have learnt a lot from their “師兄師姐”.

All in all, the event was a huge success. We are greatly indebted to our volunteer mentors who spared their valuable time to share their invaluable experience. We definitely look forward to meeting our new batch of mentees at the next Opening Ceremony.



SPCC MENTOR PROGRAMME COMPANY VISIT: COURT OF FINAL APPEAL & EBAY

Jennifer Ma (1991) and Ferdinand Cheuk (1991)

Brainstorming company visit ideas for the Mentor Programme has always been a challenge for the committee members. As we strive to strike a balance between more traditional career aspirations and new opportunities in the digital age, venues chosen this year coincidentally covered both ends of the spectrum.

Thanks to our fellow mentor Simon Kwang (1980), current Registrar of the Court of Final Appeal, who kindly took the time to lead the fascinating tour, 28 mentees had the chance to visit the newly refurbished building of the Hong Kong Court of Final Appeal on 7 April 2016.

As the Legislative Council of Hong Kong relocated to its new premises in Tamar in 2011, the Old Supreme Court Building was returned to the Judiciary and now known as the Court of Final Appeal Building. While our mentees and I were strolling through the building's Architectural Heritage Gallery in the basement, the Exhibition Gallery, the Library and the two

courtrooms, we realised how it took years and incredible efforts for the building to be restored to its former glory. Walking through the “Bridge of Sighs”, where defendants used to be led from their cells to the courtrooms when the death penalty was still in place in the old days, was most definitely an eerie yet memorable experience. The tour ended with an introductory talk on a judiciary career by Simon in the main courtroom, where many thoughtful questions were raised by our mentees.





Meanwhile on the same day, another group of 20 mentees visited eBay's Hong Kong office. This was a change in scenery for many students as corporate visits historically had been tilted to the typical "old" industries such as banks, food and logistics services. Visiting eBay provided a chance for students to learn what a career in eCommerce could entail.

The visit started with a presentation by the eBay team with a long-term outlook of the eCommerce industry. Then the discussion shifted to something closer to home – how people

in Hong Kong could participate in this global opportunity by establishing their e-tailing business online. The eBay team also went into successful case studies where a Hong Kong-based entrepreneur built a watch business from scratch to a billion in annual sales. The visit ended with an office tour which allowed students to experience the work atmosphere of a tech company and how it differed from traditional companies.

We look forward to arranging more enlightening and diversified company visits for the Mentor Programme in the coming years.

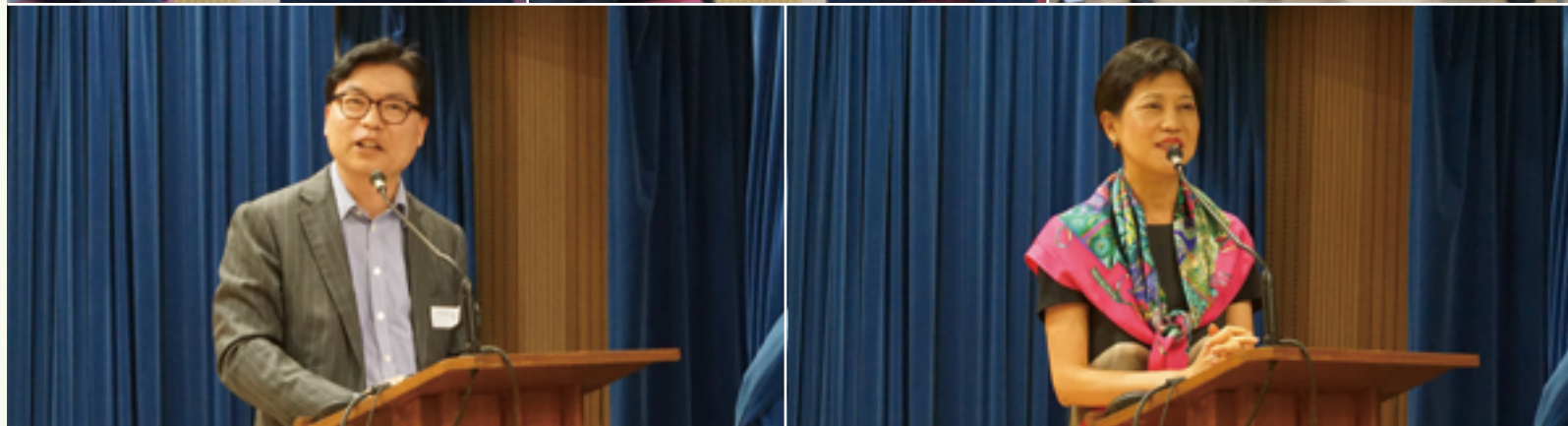


COLLEGE FAIR

Ferdinand Cheuk (1991)

Like prior years, the annual College Fair was held in April this year. This event has served as the single platform for current SPCC students, their parents and alumni from universities around the world to interact. Our purpose is to provide opportunities for students to hear from SPCC alumni who have graduated from overseas universities to give candid views of their alma mater. Through the first-hand interactions, students can gather more information and decide if overseas universities are suitable for them for the long term. This year, we opened the College Fair to Form Three students as well. This would certainly allow them to have as much preparation time as possible, given the application processes of US, UK and Hong Kong schools differ dramatically.

The event started off with an introduction about our programme by Chairlady Tina Gaw (1989) and alumnus Harold Wong (1987), followed by an application overview hosted by Jennifer Ma (1991) and Jennifer Yu, covering the difference between UK and US application processes. Students were enthusiastic as evidenced by the active Q&A session. In total, we had 23 universities presenting at the Fair with more than 500 students and their parents attending. The event ended late in the evening and drew to a close at 9 pm. We would like to take this opportunity to thank all the alumni who came to present as well as the current students and their parents for participating.



MENTOR PROGRAMME – CLOSING CEREMONY

Gabriel Lee (1996)

On 22 June 2016, in the presence of Dr Anissa Chan, the Adviser of the Mentor Programme Committee, 43 mentors and 94 mentees gathered together at the Lecture Theatre, LCYM Building, to mark the closing of the SPCC Mentor Programme 2015-16.

This year marks the 15th anniversary of the Mentor Programme. To share some statistics – there were only 49 mentors and 95 mentees in 2001; and today, we have a group of 167 mentors and 165 mentees. Our mentor to mentee ratio was 1 to 2 fifteen years ago and today our ratio is slightly more than 1 to 1. This makes us one of the largest mentor programmes among secondary schools in Hong Kong.

We have always been blessed by the rich pool of mentors ranging from business executives to young entrepreneurs, from seasoned professionals to established academics, as well as civil servants in a variety of fields.

Not only have the mentor and mentee groups grown bigger, but the connections among mentors and mentees have also grown stronger.

The ceremony was kicked off by host Harold Wong (1987), who introduced Henry Pang (1983) to the stage to share his opening remarks to the audience.

This year we had one of the most entertaining closing ceremonies with very insightful sharing on stage. A total of three pairs of mentor and mentee were invited to the stage to share their experience. The Lecture Theatre was filled with joy and laughter.

The first pair was Tina Gaw (1989) and her mentee Dicky. In the meetings, Tina shared her experience in marketing and banking with Dicky; the sharing led him to find out more about the business world. The second pair was Ronald Kwok (1992) and Prince, and they had half a dozen of meetings within the few months of the programme! I myself was fortunate enough to join the two pairs and shared my encounters with my two mentees, Victor and Colbee.

At the end, Dr Chan gave her closing remarks and once again affirmed her support for this important programme. The programme provides a unique bridge between the alumni community and the current students, which facilitates the diverse learning approach the school has been adopting.

It is my second year as a mentor for the programme and I always believe the programme is not only for us to “teach” the mentees, but rather offers a chance of two-way learning. I personally gained a lot of insight through my interactions with my mentees, and the programme also allowed me to know a lot more about the current school life at SPCC.

While we have called this event a “closing ceremony”, after a very successful Mentor Programme this year, the ceremony

actually marks the beginning of an even longer relationship among the mentors and mentees.

I would urge SPCC Alumni and current students to sign up for the programme next year. I can guarantee it will be worthwhile.



SPCC ALUMNI BASKETBALL LEAGUE 2016

Victor Ma (1985)

After the overwhelming success of the inaugural SPCCAA basketball league last year, this year we had 14 teams registered. With the help from fellow basketball enthusiast John Wu (1984), a professional group called “SportsElite” was hired to organise the events.

A total of 80 matches were played over five months, and the final was held on 11 June 2016 at the Sports Complex of our alma mater, played between team Laggy-P and team ODM. It was a tense game, where Laggy-P came out on top with a score of 51-36.

Another highlight of the day was the friendly match played between Form Six fresh graduates (Home) and alumni representatives (Guests). The scores were very close but the Form Six graduates finally won with a score of 51:49.

Fellow alumni enthusiasts can log on to the website at sportselitehk.wix.com/spcc-league where all the information from league standing, individual statistics and videos of the friendly match were kept. You can also catch the other recorded games at this link: goo.gl/enTwkx.





五年人事幾番新——聖保羅男女中學校友合唱團三十五周年音樂會

周國峰（1993）

1980年，是震撼的一年：香港地鐵中環站正式開幕，觀塘至中環線正式全面開通；香港政府規定十五歲以上市民出外必須攜帶身份證；志願組織「無國界醫生」正式於比利時成立；兩伊戰爭正式爆發。然而在每一位聖保羅人的心裏，除了以上的大是大非之外，在我們的音樂歷程中有一件更重要的事亦於1980年發生：由羅怡基校長（1935）倡議，並由周梁淑怡校友（1960）牽頭的聖保羅男女中學校友合唱團正式成立。母校建基基督，鼓勵同學們音樂伴成長。音樂是每一位聖保羅人在校園生活裏很重要的一環。當年羅校長希望畢業生能夠於離開學校之後，繼續秉承母校的優良傳統，以音樂陶冶性情，繼續以歌會友。就在這個大前題下，聖保羅男女中學校友合唱團過去不斷成長、不斷蛻變，至今已經成立三十五年。

三十五年並不是一段短的時間，守業每每比創業難，要繼續燃燒，需要無限的忍耐及堅持。可幸的是我們聖保羅人薪火相傳，三十五年來不斷為我們的音樂傳統銳意革新、屢創先河。現在的母校校友合唱團已經成為香港學界其中一個最頂尖及最具規模的校友合唱團隊。多得多年來各位老師指揮及合唱團團員無私的奉獻，能夠取得今日的成績，在歷史留下足印，實在值得慶祝！為了三十五周年這個大日子，我們籌備了一場紀念音樂會，於2016年5月14日晚上假香港演藝學院賽馬會演藝劇院舉行。

是次音樂會主題為「Our best-loved choral classics」，選曲方面當然離不開三十五年來大家於音樂室唱過及演出過的「經典金曲」。音樂會除了有校友合唱團表演之外，亦有於2012年創立

的校友管弦樂團同台演出。校友合唱團有幸邀請到著名男中音及中學部音樂教師黃日珩老師（1997）為紀念音樂會作音樂總監及指揮，並由著名鋼琴家施敏倫博士（1996）擔任鋼琴伴奏。是次音樂會由籌備、排練至演出共花了超過半年時間。多得校友合唱團團員及所有籌委無私奉獻自己的工餘時間，成就當晚的表演。除了以上表演單位之外，校友兒童合唱團亦有參與表演。這個橫跨老、中、青年代的音樂會是屬於我們所有聖保羅人的。

是夜曲目有如百花盛放，古典的、近代的、以至爵士樂共冶一爐：有莫然的《不了情》、黃友棣的《遺忘》、Edward Elgar的《The Snow》、Jacques Offenbach的《Neighbor's Chorus》、Bob Chilcott的《A Little Jazz Mass》、Gabriel Fauré的《Pavane》、Morten Lauridsen的《Sure on This Shining Night》、James Mulholland的《A Red, Red Rose》、John Rutter的《Dashing Away with the Smoothing Iron》、George F. Handel的《Zadok

the Priest》及《Messiah Hallelujah Chorus》，首首金曲均能牽動每一位聖保羅人的心。表演當晚座無虛席，所有於「快達票」發售的門票據悉在開售短短首五天內已售罄，錯過者可恨一票難求。台上台下在同一個空間，呼吸着同一口空氣，被同樣的音樂牽引着同一條神經。

筆者有幸於過去十多年參與校友合唱團事務，見證了校友合唱團的成長。還記得五年前校友合唱團於中學部舉行三十周年音樂會，當年合唱團有幸邀請到歷任中學部音樂總監回巢擔任音樂會指揮。當晚的情景至今我還歷歷在目：鍾華耀老師那條排練時必定佩戴的「莫札特領呔」、陳鳴鶯老師的一舉手一投足、陳晃相老師所指揮的名曲《遺忘》等，有如昨天放映的影畫戲般，不斷在腦中出現。

我深信每人都想依戀過去，緬懷舊日。然而世上沒有人能抵抗時間的洪流，五年就這樣過去。筆者深信過去五年，許多團外



團內的校友生命上亦經歷很多的轉變。正如當年十分流行的一句電視劇對白：「人生有多少個十年」，五年間的人共事已經歷幾番新。在過去「半個」十年裏，校友合唱團就有如蛻變中的鳳凰，由裏至外發生巨大改變：無論是表演曲目、合唱團籌委架構及人數、音樂會的陣容及規模、表演流程及複雜性等，校友合唱團的上上下下，就在音樂室甲及表演的場地不斷經歷、不斷蛻變。還記得筆者於三十周年紀念特刊《留歌集記》寫過一篇題為《最愛星期四》的文章，五年間排練時間已由過去的逢星期四伸延至其他日子，團員及指揮對排練的認真和投入不容置疑。生力軍五年來不斷湧現，為合唱團加添活力；舊團員五寒暑謹守崗位，為合唱團中流砥柱。還記得當年三十周年音樂會的門票是籌委自行印製及分配，時至今日，我們的門票已發展至由公眾售票網發售；觸及的觀眾層面亦由以往校友

們為主，擴展至普羅大眾，獨樂樂不如眾樂樂。當筆者看着三十五周年音樂會場刊，翻到那頁印有多年音樂會海報的篇幅，想起過去五年合唱團的一切改變，不禁令我聯想起我們共同走過的五年。那些珍貴的經歷、真摯的友誼、共同的成長，甜酸苦辣眾嚐，不就是當年羅校長倡議成立校友合唱團的箇中真諦嗎？

繼往開來，三十五周年的音樂會已經圓滿落幕，卻為未來開拓了全新的一頁。音樂，在每一個聖保羅人的生命裏，就有如血液裏的紅血球一樣，源源不絕的為我們的精神及靈魂帶來生命力。今日就讓我們一同回顧過去，展望將來，希望下一代聖保羅人能將我們共有的音樂傳統燃點下去，薪火相傳，繼續譜寫我們心裏面的那本「音樂會場刊」。



THE MAKING OF THE CENTENARY SPECTACULAR

Warren Lee (1994)

It was about 21 months prior to the show that the planning stage began for what is to be the biggest show of the century for our alma mater. After one morning assembly in November 2014, I pulled aside the guest speaker – my classmate and renowned playwright Candice Chong (1994) – and invited her to have a chat to conjure up something special for the school's big birthday. And with the blessing of the Centenary Celebration Committee, we began plotting away soon after.

Even the most creative of endeavours begins with boundaries. From the onset, we set ourselves three parameters to operate within:

- 1) The show shall feature as many student performers and alumni as possible;
- 2) It would not be a 3-hour, run-on variety show;

- 3) An original musical would be presented as the backbone of the show where other variety performances will be linked together.

The professionalism of Candice set in from Day One. She did her “due diligence” and interviewed no fewer than a dozen of key stakeholders of the St. Paul's community: from the Principal and Headmistress to Council Members, and from alumni to retired teachers. I sat through a few of the interviews and was both mesmerised and thoroughly entertained by many lively tales and recollections. Through their memories, it painted a vivid and colourful collage of what SPCC was like through the generations. Collectively, these anecdotes formed the fabrics of the plot, which was uniquely “St. Paulian”.

With the first draft of the script ready before the summer of 2015, I began writing music for it. Though I am a fanatic musical theatre-goer and that writing a musical has been my childhood fantasy, I was admittedly a rookie in this new found capacity. Naturally, I had doubts early on if anything coherent would come out from me.

It turned out to be an almost out-of-body experience. Amazingly in the space of just ten days when I was on tour in Madrid, Barcelona, Rome and countryside Italy, I churned out melody after melody, song after song as if my hands were merely the instrument of God. The music just flowed out of me.

Lyrics followed, and when I received the first draft from another classmate of mine, Wong Ming Lok (1994), I was

speechless for a moment. Her words captured both the essence of the script and the music magically. This was artistic synergy of the highest form, which probably bred while we sat next to one another in Form Two!

But the most spiritual moment during this creative process has to be the story about Song No. 4 of the musical, which was written and performed by the Primary School Chorus. It was composed much later, on Christmas Day 2015 to be exact, after the creative team decided to include the choir as part of the musical instead of a stand-alone performance. We decided to make the choir appear to perform on the Open Day in the plot, and so the content of the song had to be something they would normally sing about. What better choice was there than to sing a sacred song based on the school motto?



As a composer's trick, and for a musical to have coherence and melodies that get easily hooked on, one likes to "recycle" the same themes and transform them as much as possible but to a degree that the outcome is not boring or repetitive. I had already written a wedding hymn in the last song for the wedding scene; and when I randomly tried to put the words from the biblical verse of our school motto over that hymn melody, they fit almost perfectly. I was bewildered. It was as if I had already written Song No.4 four months ago. It was a divine moment.

Hundreds of hours of rehearsals ensued in the preparation of the show. The cast and orchestra members of the

musical, in particular, had devoted and sacrificed so much of their time, all in hope of celebrating the Centenary in style and with the last and greatest of hurrah. Their accomplishments were for all to hear and see on the night. (If you missed it, rush to get a DVD – to be released later this year!)

My biggest concern from the start in planning this show was that many performers would be left with only bit-part to play given the limited show time. With only 100 minutes of show time, the average on-stage time would probably be less than a minute for each performer; some with as little as 10 seconds. This could mean one thing:

lack of enthusiasm and ownership. And with the rehearsal coordination and logistics being as complex as what NASA has to deal with, there was also inevitably a lot of waiting around in rehearsals which many might feel time wasted.

It turned out that my worries were unfounded. What I was most pleased about on the night was exactly the sense of ownership and enthusiasm shown by all St. Paulians present. Everyone had a smash! And all seemed to understand that we, together, make up the history of the College. Not the red bricks, as dear as they are to us. We, St. Paulians, are the history.

A trip down social media that adrenaline-filled evening yielded countless joyous selfies and heartwarming posts; students and alumni alike had thoroughly enjoyed themselves, and all seemed to carry the St. Paulian pride in their smiles. Among the many compliments shared, this resonated with me for the longest: "What is spectacular about the show is not the glorious stage or the giant video wall, but what money can't buy: the people and the talents."

If I may claim a miniscule piece of credit here, I would give myself a pat on the shoulder for naming the show, *The Spectacular*, because it was simply and truly so.





A Note of Thanks

I would like to take this opportunity to express my heartfelt gratitude to many wonderful individuals who have given their utmost selfless best, and without whose help the Spectacular would only remain as an unfulfilled and unreachable dream. I must thank the confidence bestowed upon Candice, Ming Lok and myself by the two co-chairs of the Organising Committee, Ms Teresa Yang (1980) and Mr Bernard Auyang, (1985), the Principal, Headmistress as well as the School Council. The professional services from the team led by Director Mr Desmond Tang Wai Kit and Deputy Director Ms Michelle Li were both crucial and critical. The superb organisation by all the primary school teachers and staff led by Ms Alice Chung, Ms Yvonne Lui and Mr Thomas Heung and all the secondary school teachers and staff led by Ms Judy Sum made the near-impossible task of coordinating a rehearsal schedule involving a thousand students feasible. The coordination and promotion work by the Community Relations Office and the related sub-committee were meticulous and creative. In particular,

Ms Brella Tse and Ms Cynthia Tsang had been more than instrumental behind-the-scene and they are truly the unsung heroines. Mr Luther Fung (1965), who played Mr Li in the show was not only the star of the show, but the soul. Ms Becky Lee (1995) and Mr Apollo Wong (1997) were both remarkably talented and generous with their multi-faceted gifts. Last but not least, students, you are all amazing!



暑期聚會2016

楊凱蒂 (1987)、陳業曦 (1996)

萬眾期待，一年一度的暑期聚會 (Summer Gathering) 於6月28日假聖保羅男女中學附屬小學利國偉堂 (多用途演講廳) 順利舉行。雖然當天下着滂沱大雨，我們還擔心活動能否準時開始，但是二百五十位校友卻準時魚貫進場，在正式開始前十五分鐘全部就座，熱切期待聆聽小一入學程序的講解。

活動首先由聖保羅男女中學校友會主席陸永基先生 (1978) 揭開序幕。接着，聖保羅男女中學校長兼附屬小學校監陳黃麗娟博士介紹中學最新的發展情況。聖保羅慈善信託基金代表陳日輝 (1990) 及林詩鍵 (1984) 為大家公佈母校近年在體育、音樂各方面的卓越成就，以及講解基金籌款運動的進展。

一如既往，暑期聚會的高潮便是由聖保羅男女中學附屬小學的梁麗美校長講解小一入學程序。她更和大家分享面試準備的心得，提醒家長多與子女溝通、陪伴子女閱讀和一起做日常生活事，千萬不要盲目地報讀面試班。梁校長還耐心地一一解答校友的提問。

暑期聚會能夠順利進行，有賴於學校及校友的大力支持。在此我們再次感謝為是次活動踴躍捐款的校友。

如大家對小一入學程序有任何疑問，可參閱聖保羅男女中學附屬小學網站：www.spccps.edu.hk。





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門票將於2016年10月3日起於快通票務網絡公開發售。位於香港會議展覽中心、香港演藝學院、康樂學院、香港科學館、香港中文大學、香港中文大學圖書館、九龍國際機場、九龍國際機場中心、D+ Park、新城市廣場及K11 Selects的售票處，以及遍布全港的代理行。

Tickets will be available from October 3, 2016 (Monday), from HK Ticketing's box offices located at Hong Kong Convention and Exhibition Centre, The Hong Kong Academy for Performing Arts, The Academy's Landmark Heritage Campus - Bohemian, Fung Chik, AsiaWorld-Expo, Kowloon Bay International Trade & Exhibition Centre, D+ Park and K11 Selects, as well as Tom Lee Music Stores.



2016 SPCCAA GOLF DAY

Victor Ma (1985)

This year the Golf Day was held on 21 January at the old course of Hong Kong Golf Club in Fanling. The winter was exceptionally cold, and with the "Froze Alert" hoisted a week before our event, we had been worrying that our competition might be affected. To make the condition worse, there was quite heavy rain all along. Luckily the rain stopped just before our game and the brave participants were able to tee off.

To our surprise, all players scored higher than expected given the conditions! Three cheers to all the participants! Nonetheless

there had to be some winners after all, so after everyone finished and got warmed, a countback was done where Arnold Wong (1990) won the men's champion and Christina Hui got the ladies' champion.

Watch out for the upcoming annual Golf Day soon and hopefully the weather will be much nicer!



HAPPY HOUR DRINKS – 18 MARCH 2016

So Kai Kwok Kenneth (1996)

As one of the SPCCAA Happy Hour Drinks ambassadors, I feel privileged to be once again contributing to a newsletter write-up on our gathering on 18 March 2016. It took place at FLY where unlimited drinks were served throughout this three-hour event. Not only was I truly delighted to meet many new faces, but I also took this opportunity to reunite with good old friends. As we all lead a hectic life, it was quite pleasant to spend quality time reminiscing the fun days as students in our alma mater, as well as sharing exciting moments in life.

After the Happy Hour Drinks, a few of us together with Mr Andrew Luk (1978), our SPCCAA Chairman, went for dinner in a Chinese restaurant nearby. It was a remarkable night replete with lots of laughter and great companionship.

If you are an alumnus and would like to reconnect with your peers and the School, this quarterly gathering is the event you certainly do not want to miss. Come join us!



HAPPY HOUR DRINKS – 17 JUNE 2016

Jason Leung (2009)

Our Happy Hour Drinks of summer 2016 took place on 17 June at Club FLY, a spacious and lively bar on Ice House Street reserved for our exclusive use. A diverse crowd of familiar faces and new comers from different generations came together for an informal and relaxing gathering. From seasoned professionals to fresh college graduates, from school board representatives to junior alumni, over 60 of us came together

for lively chats and laughter... What a great way to informally meet SPCC alumni across generations!

We will have more Happy Hour Drinks coming up on 9 December 2016. We hope to see you all next time!



SPCC YOUNG ALUMNI'S SUMMER GATHERING

Michelle Ko (2012)

It was a hot evening in mid-June but the air was cool with faint blue light and scents of whiskey at Club FLY. I took a name card and shrugged when asked for one in return; I just graduated from college and it was my first time to an alumni drinks event. Several others around me smiled apologetically too, both in awe and mild daze at the different lives more experienced alumni led decades after leaving SPCC. As a concerted effort to enlist more recent graduates to SPCCAA events, some ten of us huddled tightly in a corner, starting (and at times, ending) conversations with "This is my first time here!"

Then someone near me mentioned the alumni choir, and the doctor whose card I was holding chimed in when others brought up the alumni basketball group they were all part of. Suddenly everyone had something in common, and our little group dissolved into the different conversations around us. By the end of the night, many young alumni had successfully pulled off their AA debut, but a larger event aimed at

bringing many times more first appearances had already been well under way.

When some former Student Union executive members had dinner to catch up over work and lack of sleep earlier this year, they realised St. Paulians were everywhere, if only one could actually find and connect with them. They wondered if their peers would be interested to find out how people are, and build a strong social and support system just like back in the red brick days. They asked if there is something they can do to ease the transition from St. Paul's to the large, existing AA network. With more questions and thoughts abounding, a larger group was quickly drawn together to spearhead a young alumni network.

Leonard Tso (2004), Bruce Wan (2007), Jason Leung (2009), Philip Lau (2009), Lauren Wong (2009), Angel Lam (2009) and Chris Wong (2009) joined in and ideas were pitched and mulled over with core AA



Executive Committee members. By late-May, a young alumni drinks night finally took shape and preparation for various logistics gained momentum. A Facebook event page was set up and photos of the night at Club FLY circulated as a prelude to something more youth-focused. "Reserve the Friday of mid-August," the word was finally spread through class representatives to their friends and beyond, the culmination of numerous late-night meetings necessitated by demanding work schedules...

Bungalow at Lan Kwai Fong was a spacious place, but I still struggled a little to get into the bar where some of my former classmates were. The turnout was overwhelming and some 250 people had already filed through the doors, slightly nervous but eager to rekindle old friendships and welcome new ones. I waved as I passed by some old teammates I hadn't seen since graduation, and started a conversation with a rising junior on the way.

"Actually, I know you from back at St. Paul's," she said, "I think my brother knows you." Surprised, I followed her gaze to the stage and saw Bruce about to call attention to the night's lucky draw. I told her my sister goes to St. Paul's now, but refrained from saying it was a rather magical thing for fear of sounding old and sentimental. Then

someone called out to me from the photo booth at the opposite corner, something about taking funny pictures with a fake moustache and glittery heart-shaped wand.

Even with its first event packed to the brim, members of the young alumni organising committee were already planning for more. Going forward, the group aims to fulfill two core goals: 1) to continue organising social events to connect more recent SPCC alumni in a friendly and relaxing environment; and 2) to bring young alumni into SPCCAA's exceptional network of mentors and mentees. As Angel and Philip explained their rationale to a group of new graduates curious about the inception of the event, I realised they were also recruiting hopefuls to further this cause.

As the night wrapped up and groups big and small headed in unspoken understanding to the nearest Tsui Wah restaurant for supper, many seemed to share a tingling sensation from seeing the school badge projected onto the walls of Bungalow. Some said the place was rarely so well-lit and conversations so soberly interesting, and yet more proclaimed it was their first AA event without implication of it being the last. Maybe it's just me, but it was a magical thing after all.



「天生我材、各展所長」——探訪香港耀能協會高福耀紀念學校

葉曦雯 (2000)

聖保羅人一直本着「信、望、愛」的精神，孜孜不倦幫助社會各階層的有需要人士，回饋社區。2016年1月30日的上午，風和日麗，超過四十名聖保羅校友及其家庭成員，滿懷喜悅地參加了聖保羅男女中學校友會與香港耀能協會高福耀紀念學校（下稱「高福耀紀念學校」）舉辦的共融活動。一眾大小義工與二十名高福耀紀念學校的學員，在互助、互愛和互勵的氣氛中，度過了一個愉快的上午。

高福耀紀念學校是香港耀能協會（簡稱「SAHK」）轄下的特殊學校，服務對象為本港痲痺患者及其他因神經系統創傷以致身體殘障的人士，以全人意念去維持及發展他們的教育和福利，盡量提高其獨立性、自信和能力，協助他們融入社會。

是次活動由校友會委員鄧璧儀(1993)負責統籌。鄧師姐除了是本次活動的統籌外，亦任職於SAHK轄下的柴灣工場，大家都暱稱她為「鄧姑娘」。出發途中，鄧姑娘首先向各大小義工介紹香港耀能協會和高福耀紀念學校的職能和使命，亦提醒大家與殘障學員相處時應留意的細節和態度。校友們抵達高福耀紀念學校後，馬上着手準備場地，預備好共融遊戲的佈置。不久高福耀紀念學校的學員亦相繼抵達。這些年輕的學員多需要靠輪椅代步，有些亦能在他人協助下緩慢步行。他們都面露溫暖的微笑，令筆者未與他們近距離接觸前已感到心底裏的一絲溫暖。在高福耀紀念學校黎校長致歡迎辭及團體大合照後，是日的「戲肉」——大小義工與學員們緊張刺激的共融遊戲便馬上開始！

第一回：叮噹馬頭，難分高下

當日的第一個遊戲是「接橋」。校友會小義工與學員雙方各自組成隊伍對壘，鬥快在地上的一系列「雪糕筒」上，梅花間竹地套上

膠環。千萬不要小看學員們身手不如校友會小義工敏捷，以為他們會處下風；校友小義工們雖然眼明手快，但情急下偶有犯規，要按照遊戲規則梅花間竹地套膠環，還是有點難度的！數個回合後，雙方賽果激烈，難分高下。比賽過程中，熱烈的競技，緊張的打氣，校友義工和學員們打成一片，禮堂中也充滿了孩子們的歡笑聲。

第二回：互相鼓勵，各展所長

大家於首輪遊戲中破冰後，第二個共融遊戲——「輪椅迂迴賽」便緊接着開始。這個遊戲要求校友義工和學員共同合作組隊，每隊隊員需要坐在輪椅上，鬥快在禮堂中完成迂迴曲折的賽道。操控輪椅，對學員們是平常不過的事，但校友義工們倒是第一次學習坐輪椅走動。筆者亦有份參與這個遊戲，駕駛沉重的輪椅並不簡單，尤其在控制速度及轉彎時，雙臂推動雙輪，力度調控要合宜，輪椅才能隨心所欲地前進。由於每個隊伍都包括了學員和校友義工，看着校友義工們手忙腳亂地操控輪椅，歪歪扭扭地前進，競賽頓時變得又有趣又緊張，難於預計誰勝誰負！每個回合始末，學員和義工間，總會相互打氣及擊掌鼓勵。筆者發現，學員在上場競賽時，不僅操控輪椅駕輕就熟，而且臉上均流露着自信，因為知道自己的能



司儀鄧璧儀(1993)詳細示範輪椅使用方法。



1. 校友會義工合照。
- 2-3. 在「接橋」遊戲中，小義工與學員雙方各自組成隊伍對壘，鬥快在地上的一系列「雪糕筒」上，梅花間竹地套上膠環。
4. 筆者在「輪椅迂迴賽」中使用輪椅與學員比賽，體驗到駕駛沉重的輪椅並不簡單。
5. 勝出的學員自信地展示笑容。
6. 小義工與學員在緊張刺激的「計時炸彈」遊戲中鬥智鬥力，把自己的豆袋扔向對方的半場內。

力和經驗能大派用場，大感鼓舞。經過「輪椅迂迴賽」，我們不難體驗到學員與義工們各有所長的道理。這是對我們重要的警醒：每個人只要有自信，就着自己所長和經驗，相互合作、互補長短，定可在人生道路上發光發亮。

第三回：無分彼此，共融同樂

當日的高潮，是最後一個共融遊戲「計時炸彈」。比賽要求在仿羽毛球場上對壘的參賽隊伍（每隊由一名校友義工和一名學員組成），在一分鐘內，不停把自己半場內的豆袋，扔向對方的半場內。最後，以哪一方場內豆袋數目較少決勝負。這個刺激的遊戲，要求的不只是體力和速度，更需要鬥智。例如，策略性地等到倒數時間快到期，才趕緊把在己方的所有豆袋扔向對方，務求令對方無反擊的機會！起初，行動不便的學員皆有一名小義工從旁協助拾起地上的豆袋。但遊戲進行得如火如荼，逐漸連沒有參與比賽的小義工們也衝入戰圈，加入拋擲豆袋的

戰團！雖說違反了遊戲規則，但友誼第一，比賽第二，義工和學員們大家忘我地一齊玩起來，無分彼此，這就是共融同樂的真義。快樂不知時日過，一下子，共融活動也在笑聲洋溢的氣氛下圓滿結束。

結語

聖保羅人秉承校訓，對服務社會、關心人群，一直不遺餘力。聖保羅校友帶領自己的孩子參與服務活動的同時，無疑把「信、望、愛」精神與關懷社會的美德，傳遞到下一代。這次活動不僅把歡樂帶給身體殘障的學員，亦讓小義工學習到他們的堅持和毅力。更重要的是，共融遊戲提醒了所有孩子，要明白「天生我材、各展所長」的道理。我們不會是十全十美，但只要善用自已的秉賦和才能，各展所長，定能創造豐盛人生。願「天生我材必有用」的道理在孩子心中扎根，讓他們自信、快樂地成長，充分發揮人生的價值。



FROM SPCA VISIT TO ANIMALISM

Chan Yip Hei Michael (1996)

It was a beautiful Saturday morning for our community visit to the Society for the Prevention of Cruelty to Animals (“SPCA”, 香港愛護動物協會) in February 2016. Upon arrival at SPCA, we were warmly welcomed by an SPCA representative who brought us to a classroom for an introduction. SPCA was founded by volunteers in 1903 with a mission to promote kindness to animals, to protect their health and welfare, and to prevent cruelty. An example of an effective local campaign was the “Ban shark fin soup” campaign where Cathay Pacific agreed to cease shipping unsustainable shark’s fin products, and two leading Hong Kong hotels dropped the soup from their menus. Before that, statistics showed over 70 million sharks were killed annually for fins consumption.

The key values that SPCA embraced can be summarised by 2Cs and 2Rs, which stand for “considerate and caring”, as well as “respect and responsible”. Through the interactive presentation, we have been actively engaged via short videos, Q&As and role plays. Some families who keep pets also shared with us their experience during the talk. My son was excited to be selected for role playing as a dog owner and learnt the etiquette to greet and respect his dog when meeting with new friends.

After the educational talk, the children were extremely thrilled to make real contact with animals. We visited the adoption rooms with different pets and animals such as hamsters, rabbits, as well as dogs and cats of different breeds. SPCA is very well equipped

with animal barber store “Hair Force One” and pet clinics. We learnt that some dogs can contribute much more to become professionally trained police dogs. During the tour, we bumped into an expatriate family who came and tried to get along with the dog they were considering to adopt. That day was their third visit to play and get along together. The SPCA representative highly encouraged this “free play” time so that potential families can have better understanding of the dogs’ personality and character before bringing them home.

Being responsible and respectful to animals sometimes seems to be easily forgotten, even in metropolitan cities. Several years ago when I was still a student in New York, it was trendy among



celebrities and upscale community to adopt micro pigs (or teacup pigs) as pets. Some celebrities publicly discussed how they spent hours a day just to pet and decorate their companions, bringing them to afternoon teas and shopping. However, these piglets would not be tiny and cute forever, so when they grew up, you can guess what happened. All of a sudden there were tons of abandoned grown-up pigs in town that needed to be rescued! This visit provided us and our little ones an opportunity to observe and admire the animals, and learn to care for them.

Embracing the idea of living with other animals in harmony can be done by some other interesting means. Shortly after the SPCA trip, our family went to watch the Disney movie *Zootopia* which I would highly recommend to everyone. Set in a utopia populated by animals, the story features an unlikely partnership between a rabbit police and a red fox as they uncover a conspiracy that involves the disappearance of 14 predator civilians in the city. I am not surprised that this movie surpassed the opening collections of *Big Hero 6* and *Frozen* at US\$73.7 million. In fact, the production team has actually spent years in the Animal Kingdom in Disney Orlando to observe the characteristics, behaviours and detailed movements of different animals in the movie.

Long before anthropomorphic animals were featured in *Zootopia* was a popular novel called *Animal Farm* written by George Orwell during World War II. In brief, two leading young pigs, Snowball and Napoleon, lead a team of animals to kick out humans from their village and educate the other animals the principles of animalism, including “All animals are equal”. But then comes the irony: since then the pigs naturally elevate themselves to leading positions, set aside special food items and live in better places, and they later even fine-tune one of the commandments into “All animals are equal but some animals are more equal than others”, which eventually raise controversial arguments and conflicts among the animals.

Living in harmony is never simple, even in a world without humans. Both *Zootopia* and *Animal Farm* are fairy tales that inspire us to rethink the relationships among us as human, between human and animals, and among animals themselves. The first little step to cultivating the 2Cs and 2Rs is to start from ourselves and our own family. Love and respect are among the very important elements to appreciate animal lives, no matter how unimportant or negligible they are.



SPCCAA COMMUNITY SERVICE DAY

Jason Wu (1994)

The weather was gloomy and rainy all day on 11 June 2016 but that did not dampen the enthusiasm of St. Paulians and their children. We were all thrilled to be a part of the SPCCAA community service day. Just like last year, the community service day was held at the St. James' Settlement Wun Sha Elderly Centre in Tai Hang.

Everybody slowly gathered at the elderly centre, expecting that the programme this year would be no different from that of last year. Little did we know the programme this year was completely different and there were many surprises in store.

First came the ice breaker activity. Before the elderly were led into the activity room, the children were asked to gather in the front of the room while their parents stayed at the back. Upon entering the room, the elderly were asked to grab a child's hand and take the child to his or her parent. It was a great conversation starter as everyone would look at each successful pair and find similarities between the parent and child. Statements such as "He is tall like his father" and "She has her mother's eyes and nose" were often heard around the room.

Then it was time for the main event. Colourful pieces of paper and pens were handed out to the children and the elderly for them to write messages to each other. Under the watchful eye of their parents, the children wrote messages for good health and long life to the elderly. On the other hand, the elderly put their best wishes on paper for the children.

After the messages were written, plastic boxes were handed out along with stickers to decorate them. Both the elderly and the children used the best of their artistic abilities to arrange the stickers into beautiful patterns on the boxes. The elderly and the children then exchanged these small containers with messages inside.

After so much hard work, it was time for afternoon tea. The children distributed cake, sandwiches and drinks to the elderly before taking some for themselves.

Thank you SPCCAA and St. James' Settlement for such a meaningful afternoon and we look forward to the next community service day.

UPDATES FROM GREATER NEW YORK CHAPTER

Hiking at Harriman State Park, 24 October 2015

The Greater New York Chapter of St. Paul's Co-educational College Alumni Association (SPCCAAANY) held a hiking trip to Harriman State Park in New York on 24 October 2015. The weather was seasonal for fall and the trip attracted new members who recently came to study in the US.



1. Let's take this scenic trail to see the foliage.
2. It was refreshing to see the changing colour along our way.
3. After climbing up the hills, we reached...
4. The top to enjoy this incredible view! Wow!
- 5-6. Dinner at Elizabeth's house after a few hours of hiking.
- 7-9. What do you think of Lilian's special cake? And Gloria's homemade tapioca dessert?

Chinese New Year Dinner and Bi-annual General Meeting, February 2016

On 20 February 2016, we held our Chinese New Year Dinner and General Meeting at Congee Bowery with a record attendance of 60 people.



The programme started with singing of the School Hymn and a slide show of the Centenary Celebration in Hong Kong. Our fellow alumni enjoyed watching the performance of the choirs and orchestra in the Centenary Concert which brought back wonderful memories of our school days.



The video clip of the drum performance at the Centenary Gala Dinner held at the Hong Kong Convention and Exhibition Centre was another highlight of the evening.

Our members reviewed slides of recent events held by the chapter and participated in an event survey to provide feedback on member interests and suggestions for upcoming events. There were lots of great ideas!



Elizabeth Hung (1977), our Chairperson, led the Bi-annual General Meeting when we voted for the next Executive Committee. After contributing her valuable time and presiding over the chapter for the past four years, Elizabeth announced that she is stepping down and will be moving back to Hong Kong.

We will miss you, Elizabeth! In order to ensure a smooth transition and continue to keep in touch with our Executive Committee, Elizabeth has graciously agreed to stay on as consultant to the Executive Committee so we can continue to benefit from her experience and insights.

Here are the members of our Executive Committee for the next two years:

Chairperson	Angelie Cheung (張安琪) (1984)		
Vice Chairpersons	Kaufman Ng (吳家文) (1988)	Margaret So(蘇效琦)(1987)	
Treasurer	Patrick Lee (李紹基) (1975)		
Secretaries	Kadi Tsang (曾婉瑩) (2014)	Soloman Wong (黃思惟) (2014)	
Committee Members	Carmen Ng (吳家雯) (1993)	Sarah So (蘇美美) (1984)	Caroline Wong (黃鳳儀) (1992)
WebMasters	Kaufman Ng (吳家文) (1988)	Jason Leung (梁卓文) (2009)	
Consultant	Elizabeth Hung (孔慶怡) (1977)		

After the bi-annual election, we asked Miss Lau Man On (1956) to start our lucky draw and each lucky winner picked a number for the next winner, until all prizes were presented.



Finally, this was the moment that we had been waiting for – the Centenary Cake!



Happy Chinese New Year!



CONCERT GATHERING OF SPCCAA ALUMNI IN NEW YORK

On 9 February 2016, the SPCCAA New York Chapter had a Chinese New Year get-together evening at Carnegie Hall. Elizabeth Hung (1977), our Chairperson, along with other invited alumni, attended the classical music concert performed by pianist Cindy Ho (1992) and Romer String Quartet. It was their debut performance at this prestigious concert hall. Everyone enjoyed the concert and had a great gathering at the post-concert reception.



SPCCAA NEW SOUTH WALES CHAPTER AGM 2016

The SPCCAA New South Wales Chapter had a lunch Annual General Meeting (AGM) on 14 May 2016.

Thanks to all participants, we had a good discussion on our future plans, brainstormed some new activities and shared a lot of fun ideas. Our direction is to provide a variety of activities for various groups of members including young families, such as:

- Lunch catering for families
- Short walks and lunch
- Wine tasting events and buffets
- Mah Jong Dinner
- Hiking
- Karaoke Dinner
- BBQ outing

The Committee will meet very soon again to roll out these activities. Stay tuned for our events!



St. Paul's Co-educational College Alumni Choir & Orchestra



The SPCC Alumni Choir presented its 35th Anniversary Concert – “*Our Best Loved Choral Classics*” – in May 2016. Under the baton of alumnus Mr Apollo Wong, we revisited music room favourites such as *遺忘*, *Neighbour's Chorus* and many more. It was a memorable evening also featuring performances by the SPCC Alumni Orchestra and Alumni's Children's Choir.

The great memories are captured in the professionally produced DVD set, now available at HK\$150 per set.

Name: _____ Year of Graduation: _____

Address: _____

Phone: _____ Email: _____

No. of sets (@ HK\$150 each): _____ Grand total (HK\$): _____

Delivery method: ☐ Pick up at AA office ☐ Mail to the above address (HK\$4 postage per set)

Payment by:-

☐ **BANK DEPOSIT:** Please make payment to St. Paul's Co-educational College Alumni Association Ltd at **Hang Seng Bank** (A/C # 262158066001) and fax both the deposit slip and this DVD Order Form to **2522 2255**, or email to spccaa@spccaa.org.

☐ **CHEQUE:** Please mail crossed cheque payable to **St. Paul's Co-educational College Alumni Association Ltd** with this DVD Order Form to **St. Paul's Co-educational College Alumni Association, 33 MacDonnell Road, Hong Kong**.

Cheque No.: _____ Issuing Bank: _____

Thank you for your support!

If you would like to purchase DVDs of previous concerts, please visit www.spccaa.org or contact SPCC Alumni Association at 2877 2885. All payments are non-refundable.



Opening Ceremony on 7 Mar, photo taken at Boon Kai Birthday Party.

53RD ANNUAL 1963 CLASS A REUNION & 70TH BIRTHDAY CELEBRATION

Li Ka Min Grace (1963)

We have just celebrated the greatest 53rd anniversary and 70th birthday gathering of our 1963 Class A reunion, from 5 to 19 March 2016 in Los Angeles. We have organised six tours and three different reunion gatherings for the class of 1963.

Attending alumni

李瑞儀 (Yolanda)	區德坤 (Eileen)	伍琪芝 (Angie)	彭灝來 (Roy)	施麗軒 (Anna)
李敏慈 (Stephanie)	余嫣萍 (Susan)	陳秩龍 (Dit Loong)	老洪達 (Ted)	宋美倫 (Sung May Lun)
楊嘉廉 (Peter)	林爾玫 (Mabel)	李嘉雯 (Grace)	姜蕾娜 (Laura), and her spouse Jerome Ogden (滕祖龍)	
黃德俊 (Hilary)	黎美玲 (Nancy), and her spouse Patrick Cheung	李國斌 (Kwok Pun), and his spouse Una Lee		



- 1. Opening Ceremony on 7 March, photo taken at Boon Kai Birthday Party.
- 2. Catalina Island Group Picture on 8 March.
- 3. New group in town for the 70th birthday in Grace's kitchen on 9 March.
- 4. Party favours for everyone, 9 March.
- 5. Theme: 1963 class reunion & 70th birthday celebration.



- 6. LA city tour on 10 March.
- 7. Lawry's prime rib dinner on 10 March.
- 8. San Diego tour on 11 March.
- 9. Santa Barbara tour on 12 March.
- 10. Farewell dinner on 13 March.
- 11. Farewell sharing at Grace's home on 13 March.
- 12. "Gan bai" salute to 1963 class.
- 13. Visiting Laura Kiang Ogden's house on 14 March.

- 14. Visiting Grace's house on 14 March.
- 15. Palm Spring tour on 15 March.
- 16. Taking the aerial tramway to Palm Spring on 15 March.
- 17. Visiting Hearst Castle in California on 16 March.
- 18. Yosemite tour on 17 March.
- 19. Visiting Golden Gate Bridge in San Francisco on 18 March.
- 20. Your Memories Preserved produced by Lo Hung Tat.



21. Group Picture at Holiday Inn on 9 March.



22. The gift of couplets given by Miranda Sung May Lun on 9 March.

The following are the thoughts and feedbacks from some of our participants:

"We had a very inspiring reunion. The interactions gave us a glimpse of our beautiful youth, a flashback of our happy days, and a bold display of our genuine emotions in sharing our challenges and successful life experiences. This richness and greatness elevated the level of our camaraderie. This reunion is exemplary of our alma mater's motto: Faith, Hope and Love – Faith in our friendship, Hope for our future generations, and Love for one another."

Grace Li

"We have rekindled our old friendship and at the same time acquired a deeper level of understanding of each other as well as our own selves. We had a chance to share our thoughts, our life and our achievements since graduation and it is comforting to know that we have all made a positive impact to our life, irrespective of whichever pathway we have chosen, be it domestic or career orientated. And finally, the most important achievement of the reunion activities is that we all had a wonderful time in reliving our youth with lots of fun and laughter!"

Yolanda Lee

"It was amazing to see seven of us from kindergarten and ten from Primary One at this occasion! Some, like Laura Kiang and Anna Sze who only studied with us for three to four years in the high school, can still maintain long-lasting friendships with us! I especially appreciate Lee Man Chi who flew from San Francisco to meet with us just for a day! Most of all, I thank the support and help from our alumni's spouses, Una Lee, Patrick Cheung and Jerome Ogden! Last but not least, a special thank you to the wonderful calligraphy and poems from Sung May Lun and Jerome Ogden together with the thoughtful gifts from Grace Li and Teddy Lo!"

Eileen Au

"I must thank everybody for accepting my amateur calligraphy and I do hope the contents of the couplets will bring us memories of the reunion and of our everlasting friendship."

Sung May Lun

"It was a blessing to be able to get reacquainted with my kindergarten to high school and university classmates in Los Angeles. This has been a memorable reunion, full of fun and laughter."

Nancy Lay

"I would like to thank Nancy Lay and Patrick Cheung again for driving us around. I cannot begin to express my gratitude for their willingness to do so. They even stayed a few nights at Grace's house in order to be our chauffeurs. I'm truly grateful for their help with logistics. Our extracurricular (not on the itinerary) activity was fabulous: visiting Jerry (Jerome Ogden) and Laura Kiang's estate. Jerry was a man of multiple talents and Laura's horticultural skill was for all to see. After the visit, we were also treated to a scrumptious dim sum lunch at NBC. Not only did we enjoy a feast for the eyes, but also literally had a great feast. I took pictures of all of Sung May Lun's couplets so that I can brag about them to my friends. They are in my phone. Everyone who saw them was amazed, as she is really talented indeed."

Mabel Lam

"I cannot say it any better than all that were said already. If I have a bucket list, this reunion will be among the top of the list. It was wonderful and exciting to have the opportunity to learn of the many hidden talents among us (myself excluded) that have blossomed over the years, such as Sung May Lun's poetry and calligraphy as well as Susan She's composition, just to name a few. Once again, thank you Grace Li for your labour of love in organising the reunion."

Hilary Wong

"What do 50 years do to the character of a person? That is the question I took to the reunion. The answer: pretty little."

"Notable examples were: our amazing organiser, whose energy and organising skill had been already evident in planning our class activities in high school; and our delightful Chan Dit Loong, who was compared to a six-year-old in our year book. He turned out to be a wonderful childlike 70-year-old."

Ted Lo

"It was such an eye-opening experience to see old friends who have taken different paths in life, and still remain loyal friends with each other. I was also delighted to see that many of us coming out of a Christian college have stayed in the faith and have a rich spiritual life."

Peter Yeung

"As a teen I never thought of ever becoming old. The years came and went, and in the second decade of a new century of a new millennium, I find myself in old age, a state of being that had never been conceivable to me in my youth. But here I am, and here we are, at or near 70, re-emerging from different parts of the world, from different cultures, different life experiences, but bonded by a shared childhood and teenage, converging at this little corner of North America called Diamond Bar. It all seemed so surreal, like a sweet dream coming true. And in a way this dream beats all other dreams. You wake up from the sweetest dream and however hard you try, you just can't will it to repeat itself. This dream, though, is not just sweet but, God

willing, repeatable. Let's do all we can to dream more of these dreams in the years we have left.

(About Hilary Wong) "This man is brilliant, and not only that, his modesty is exemplary. I had forgotten and wondered out loud who wrote the Captain Hornblower series after that cruise on the Admiral Hornblower, and Hilary was the one who told me it was C.S. Forester! I doubt one out of 100,000 outside the UK knows that, and he even excluded himself from folks with 'hidden talents'. I don't think we ever appreciate Hilary enough to do this remarkable man justice."

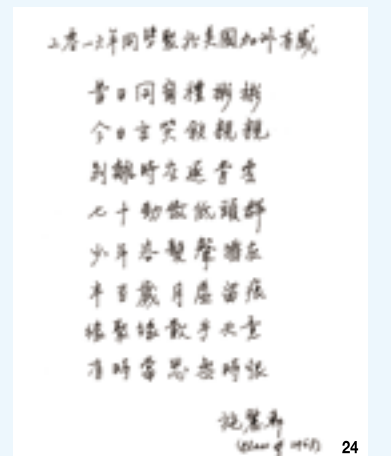
Chan Dit Loong

聖保羅，百載誌，六三生，
一六春，同窗聚，童年憶，
校園趣，師生史，經歷談，
歌聲暖，親情現，珍品贈，
美食嗜，加州旅，東南遊，
西北逛，談笑生，完滿終，
倩影留，回味多，嘉雲功，
安康盼，互訊通。

媽萍 感



23



24



25

23. Poem by Jerome Ogden at Holiday Inn on 9 March.

24. Poem by Anna after the reunion.

25. Miranda Sung's compositions of couplets with her own calligraphy to give each classmate one couplet as a gift of memory at the reunion.

CLASS OF 1965 VF5A/B 50TH ANNIVERSARY REUNION



*Note: VF refers to Vernacular Form.

1. Class VF5B at the school main gate, 14 November 2015.
2. Class of 1965 VF 5B revisiting SPCC after 50 years.
3. Class of 1965 VF5B school revisit, 14 November 2015.
4. Class 1965 VF 5B reunion dancing party at Holiday Inn Zhuhai, 16 to 17 November 2015.
5. Class of 1965 VF 5A/VF 5B reunion dinner, 15 November 2015.
6. 即興對聯加上手工繡之校徽。

我在校友合唱團的日子

潘鎮球 (1962)

忘記了何時加入校友合唱團，該是從母校退休後不久的事吧？離開了校長的崗位，回復校友的身份，角色不同了，然而仍是聖保羅男女中學這大家庭的一份子。而作為校友，能加入校友合唱團，是我莫大的福氣。

母校有優良的音樂傳統，混聲合唱團在學界中，更一向傲視同群，所以不少同學畢業後，仍繼續通過參加校友合唱團，把熱愛音樂的精神延續下去。

在這裏，大家都有一個共同的目標，就是獻出最美的歌聲與人分享；也在獻唱的過程中，獲得心靈上的滿足。

幾位指揮都是聲樂名家，也各有他們不同的風格。但無論是姓高、姓陳、姓官、姓黃的，他們對團員的要求都非常嚴格，我曾說笑道：「聖保羅訓練出來的，都是 Perfectionist（學生和老師如是）！」

我在校友合唱團曾經演唱過的作品，通常都很有挑戰性。一次演出，往往要練習十餘次，每次起碼兩小時，連我這退休人士也感到吃力，何況是各位全職工作、或身為爸媽的學弟、學妹？所以在他們面前，我哼也不敢哼一聲。然而「流淚撒種

的，必歡呼收割。」（《詩篇》126: 5）每次演出，台下一陣陣熱烈的掌聲，令我們深深感動，也覺得一切付出都是值得的！也難忘每次演唱會後的慶功宵夜，大家把盞言歡，一張張的笑臉，爭相合照，那「酒逢知己千杯少」的豪情。

經常參與合唱團演出的校友，為數由五、六十人至約百人，這樣一個龐大的組織，包括了不同屆別的校友：從50年代到千禧年代的都有。參加了校友合唱團，間接讓我認識了多位學弟、學妹（忘記了，還有兩位學長）。更令我驚喜的，就是當中有多人是我舊生，曾試過和他們並肩演出，那感覺是珍貴的、奇妙的。

不過無論我們年齡差距有多大，我們都親如兄弟姐妹，合唱團是一個愛心團契，大家互相鼓勵、扶持、提點，我就曾經收過幾位師弟的溫馨提示，說我走了音、唱高了八度……

在這裏，我們無分彼此，通常以英文 First Name 互相稱呼。不過團員們對我都很尊敬，總是以「校長」相稱。曾經有一位師妹在點名時說溜嘴，叫了一聲「Henry」，她連忙不迭地道歉。這也許是我在校友合唱團受到唯一的不平等待遇！

BLESS OUR SCHOOL

Lawrence Lour (1964)

To my alma mater, on her Centenary.
(Sung to the tune of "Bless This House")

Bless our School, dear Lord, we pray,
Keep it holy night and day.
Bless these walls so firm and stout,
Keeping Satan's darts without.
Bless Thy sanctuary where we sing,
Praises to the Lord our King.
Bless St. Paul's that it may shine
With Thy glory and truth divine.

Bless the Principal, guide her right,
Grant her vision, be her light.
Bless the teachers, give them love
And hope and faith from heav'n above.
Bless the pupils, cleanse their soul,
Give them wisdom, make them whole.
Bless the parents, help them be
Patient, loving, from sin free.
Bless us all and hear our plea:
Let us walk, O Lord, with Thee.

回到中學合唱團

毛羨寧 (1997)

完成英國文化協會 Café Scientifique 講座那一夜，我體內的腎上腺素仍在不斷上升，每當想起與觀眾交流科學知識的那股勁，就跟事前竭力準備一樣，有如千斤重。我不斷重複回顧，過了凌晨還像獨腳戲的表演者般分析演出，已經筋疲力盡了，第二天還要上班，於是發短訊給指揮朋友黃日珩（Apollo），問他怎樣調節演出前後的興奮狀態並緊接着日常教學。他是夜貓子，不久便回覆。

他說：「Do more; that's all.」半年前，我加入了他指揮的校友合唱團，這是我第一次參與中學校友活動。我總覺得自己畢業多年，老朋友會私下相約，無需再把生活畫成「你是哪一屆？」的小圈子。今年年初收到電郵，說校友合唱團籌備於演藝學院表演昔日校際音樂節的得獎名曲如《Cantique de Jean Racine》和《遺忘》，由舊同學 Apollo 指揮，猶似昨日，便一口答應。沒想到六個月以來，我們從每星期一晚兩小時的練習，到表演前每星期三小時力求完美。這讓我領略到母校賦予的教育根基，不只是一種喜愛音樂藝術的情操、出類拔萃的優越感，反而是延續「尊師重道」的古舊傳統。

母校建校剛剛一百年，校友合唱團才三十五歲，以人類的壽命來看，是嶄露頭角的孫兒。而所謂的「師」，也只是一位三十

來歲的年輕指揮。Apollo 處身於年資長、成就高、家境厚的校友之中，雖然有許多要向別人學習的地方，但校友敬佩他的音樂造詣，無論音準、咬字、節奏或演譯方法也都聽他。「他很認真教導學校合唱團，希望校友在業餘表演之中仍見進步。」當我們看到某一個範疇最合適的領導者，不得不心悅誠服。換了是職場環境，真材實料的才華是不是攀升的首要條件？我開始從合唱團練習看工作態度，發現孔子在《禮記·中庸》中說「知恥近乎勇」，原來也是傳統學校無形的培育——距離演出近一個月的時候，有些團員還未掌握好樂章旋律和外文發音，結果我們全都站在台上聽指揮逐句矯正，不吭一言，回家後努力練習。一個人懂得羞恥，不推卸責任，才能自省自勉，把事情做好。這種修養愈來愈難得了。

我細想團員奉獻時間和努力，互相提點，又有學姐預先煲好羅漢果茶給幾十人滋潤補聲，練習後有朋友駕車送回家。這種無聲的支持，校外人無法理解，像是學校的獨有氛圍，讓我們學會珍惜一輩子的情誼——「Do more; that's all.」

原文刊於《信報》2016年6月4日《回眸英倫》專欄





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CONGRATULATIONS



Prosper Lee (2000) and **Lorraine Kwan** (2000) tied their knot on 5 March 2016.

Chan Soen Zing (2002) and **Tong Pui Kwan** (2002) are pleased to announce the arrival of their son, **Austin Chan**, on 28 July 2016.



OUR NEXT GENERATION

Dr Sherwin Lo (盧成璋) (1991) and **Helen Chan** are pleased to announce the arrival of their daughter, **Sherraine Lo Kwok Yan** (盧國欣) on 16 November 2015.



Happy 100 days to little **Darren Ko**, baby boy of **Vivian Hui** (2002) and **David Ko**.



Eric Keung (2002) and **Kathy Choy** (2002) are pleased to announce the birth of their baby boy, **Corey Keung** (姜皓醇), on 24 July 2016. His elder sister, Bethany Keung, is delighted about his arrival.



Leung Siu Wai Annie (梁小慧) (1994) and husband **Cheng Chung Yin** are pleased to announce the arrival of their second baby boy, **Duncan Cheng** (鄭礎鏐) who was born on 6 June 2016. Big brother Kinsey (鄭匡喬) welcomes his younger brother with love and joy.



Jennifer Shum (2002) and her husband **Benjamin Fang** are delighted to announce the arrival of their bundle of joy, baby boy **Jamie Fang** on 5 July 2016.





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歡迎加入校友會「永久會員」行列

由 2016 年 4 月 14 日 至 2016 年 10 月 28 日止共 61 位海內外校友申請加入校友會「永久會員」行列。新永久會員芳名（畢業前離校者，均以推算計算其所屬畢業年份，由 2000/2001 年度入讀小一及 2006/2007 入讀中一起，均以新高中課程「三、三、四」學制計算其所屬畢業年份）：

1967 羅光彥	2003 楊煊武	譚曉霖
1979 達振標	2004 張穎欣	2017 何明紡 羅璟蕾
1989 李鴻基	2006 馮雯鈺 黃浩俊	2018 黎智維
1991 林家琦	2007 李曉慧	2019 林建恒 容宏量
1992 郭永義 劉頌儀	2008 譚嘉穎	2020 方子晴 幸崇灝 林建維
1994 龍沛智	2012 李穎心	高珮慈 梁旨誠 楊藹寧
1995 廖宇鵬	2013 盧祉充 蘇海天	趙浚亨 劉博謙 鍾敬施
1996 黃以禮 霍啟剛	2014 張天風	2021 譚聲泰
1997 劉泳恆	2015 朱愷澄 蔡啟恩 陳曉怡	2022 容珀熙 高振傑 潘震謙
1998 方浩鈞 譚載怡	2016 何舒懷 阮可晴 林鎰浚	樂雅之
2001 麥穎丰	高鈺皓 張曉晴 黃鈺	2023 卓雋泓 劉家淇 關心晴
2002 譚載文	盧怡穎 錢思珩 羅浩然	2026 馮俞佳

郵件無法投遞校友芳名

1959 茹季坤 黃妙坤	1988 梁安薇	2002 廖恩祺
1963 袁文超	1990 沈正慧	2008 司徒俊懿
1966 朱妮	1991 何知行	2009 陳君悅
1980 葉禮德	1995 張星恆	2014 鄧柏濤
1987 胡匡維	1996 何嘉行 林知行 盧毅芝	2016 陳卓祺 馮冠峰